



Directorate of Minority Welfare, Government of Kerala

PATHWAY-SOCIAL LIFE WELLNESS PROGRAMME

Minority Cell, Mercy College, Palakkad

Programme Report

Minority Cell of Mercy College, in association with Coaching Centre for Minority Youth, organized a three-day marital counselling and guidance camp "Pathway: Social Life Wellness Programme 2023- 24" for the minority students of Mercy College on 08, 09 and 10 December 2023. Smt. A.Shabira, District Panchayat Standing Committee Chairperson (Health and Education) inaugurated the programme.

Smt. Mufeeda E.K., Consultant Psychologist at Hear Kerala, Pattambi handled the forenoon session on 8 December. She spoke on the topic, "Marriage for Social Wellness."

Smt. Noosiya Alanallur, Psychological Counsellor, Life Coach and Senior Resource Person at CIGI handled the afternoon session. She dealt with the topic "Effective Communication Skills with couples and Healthy Online Communication"

Sri. Abdul Rahiman, Senior Counsellor at Disha, Palakkad and Adv. Ajitha, Sakhi One Stop Centre, Palakkad officiated as resource persons on 09 December forenoon and afternoon respectively. Sri. Abdul Rahiman dealt with "Family Budgeting" and Adv. Ajitha focused on "Legal and Religious aspects of Marriage"

Sri. N.P. Mohamed Rafi, Core Resource Person, Centre for Information & Guidance India (CIGI), Calicut handled the forenoon session on 10 December. He talked on the topic "Effective Management of In- Law Relationship and Conflict Management." Smt. Sabira Vadakkethil, Counselling Psychologist and Faculty of Minority Welfare Department, Government of Kerala handled the afternoon session on the same day. She gave an awareness talk on "Sex Education, Infant and Adolescence Parenting"

33 students participated in the programme. Ms.Sonia Thomas. was the faculty coordinator and Ms.Abida M Moopan was the student coordinator for the programme.



GPS Map Camera



Palakkad, Kerala, India

QJ9P+GHC, Thondikulam, Mercy College, Palakkad, Kerala

678004, India

Lat 10.769254°

Long 76.636371°

08/12/23 10:39 AM GMT +05:30